

KYSITE Newsletter



Spring 2008
Edition

Spring has finally arrived in Kentucky! And to eliminate your cabin fever, the 2008 officers have been very busy in planning lots of activities for this year. They want your input as well! If you have any suggestions or requests for additional meeting topics or seminars, please let us know. Help us continue to make this a terrific year for KYSITE!

KYSITE Celebrates Engineer's Day

On February 23rd, KYSITE made its debut appearance at the 2008 E-Day (Engineers Day) Open House at the Engineering Quadrangle on the University of Kentucky Campus in Lexington, KY.

As part of National Engineer's Week, the University of Kentucky's College of Engineering hosts an E-Day Open House. The event is a day for young students to explore what engineers do in a fun, interactive environment. Contests and demonstrations teach engineering concepts and exhibitors help answer real-world questions.

KYSITE had a booth with goodies to hand out. The Chapter was joined by LFUCG's Traffic Engineering Dept. with a popular exhibit that demonstrated Lexington's traffic signal operations.

KYSITE plans to return to this exciting E-Day event next year! If you would like to help volunteer, please let one of our officers know.



Bill Seymour talks to a potential young engineer at the KYSITE booth



Jason Mullen-Gentry from LFUCG Traffic Engineering discusses traffic signals at the KYSITE booth

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Upcoming Events

SDITE Annual Meeting March 30th - April 2ndCharleston , SC

KYSITE Golf OutingMay 29thWeissinger Hills Golf Course
Shelbyville, KY

KYSITE Fall Meeting SeptemberLouisville, KY
Topic: Traffic Signal Timings (Exact Date TBA) (Exact Location TBA)

Recent KYSITE Happenings

2008 Spring Meeting

The Kentucky Section of ITE conducted its spring meeting at LFUCG Division of Traffic Engineering on February 26. There was a great turnout for the web seminar on Road Diets by Jennifer Rosales.

Jennifer began the webinar by explaining that a road diet is a reduction of lanes, and benefits all modes of transportation. She addressed issues such as identifying and evaluating potential road diet projects, pros and cons, and examples, and she reviewed case studies.

The meeting was free of cost thanks to Lexington-Fayette Urban County Government Division of Traffic Engineering. Those in attendance also earned 1.5 PDH's to apply toward the 30 hours now required for renewal of their Kentucky Professional Engineering License.



Preparing for MUTCD Changes

KYSITE and the Lexington-Fayette Urban County Government (LFUCG) Division of Traffic Engineering teamed up yet again for another successful web seminar. The subject of the web seminar was a summary of proposed changes to the 2009 Manual of Uniform Traffic Control Devices (MUTCD). If you were not able to attend, go to <http://mutcd.fhwa.dot.gov/> and in the middle of the page in the yellow area is the link for the proposed changes. Over 60 people were in attendance to learn about these changes. Also, each attendee was eligible for 1.5 professional development hours. Once again, we would like to thank Ron Herrington and the other LFUCG staff for hosting

KYSITE Supports Child Safety Bill

Jeff Moore, KYSITE's President, wrote to State Senator Ray Jones II in February to support the Kentucky State Senate Bill 114. This Bill will amend the Kentucky Revised Statute 189.125, requiring that any child under the age of eight between forty and fifty-seven inches in height to be properly secured in a child booster seat when operating on roadways, streets, and highways. Jeff stated that the number one death for children in Kentucky is motor vehicle crashes. He also wrote that KYSITE believes strongly in transportation safety and supports any measures that are intended to reduce the number of injuries and fatalities in traffic crashes. Please show your individual support for State Senate Bill 114!

Local Conference will “Rethink Transportation”

Louisville will host an interactive conference on sustainable mobility this fall. The “Rethinking Transportation for a Sustainable Future” Conference on October 28 and 29, 2008 is being sponsored by the Community Transportation Innovation Academy at the University of Kentucky and the University of Louisville, the two-day event will explore new ideas, policies, and technologies for the design and development of a sustainable transportation system for the 21st century. The three areas of interest include:

- New Energy Policies for Sustainable Transportation
- New Technologies for Transportation Mobility and Energy Conservation
- Changing Attitudes to Reduce Energy Use and Automobile Dependence



One-page abstract submissions are now being accepted for presentations during the conference. The deadline for submission is April 15, 2008. More information regarding the conference’s agenda or for details on the *Call for Papers* can be found online at: www.rethinkingtransportation.com.

LFUCG’s Crosstown Traffic Program Goes Global

The Lexington Fayette Urban County Government (LFUCG), Division of Traffic Engineering Crosstown Traffic Program goes global using Internet webstreaming technology. Thousands of daily commuters and visitors to the City of Lexington can now access the traffic information program on the Internet to check for major accidents or traffic conditions that might interfere with their morning commute.

Beginning in late Fall 2007, anyone with Internet access could begin tuning in to the Crosstown Traffic Program through

webstreaming technology even though they may live outside the boundaries of Fayette County. The program’s producer accessed it while vacationing in Italy. Extending the reach of the Crosstown Traffic Program, a joint production effort between the LFUCG Divisions of Government Communications and Traffic Engineering, is one of several benefits gained from webstreaming.



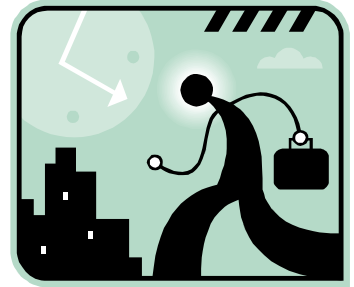
A lot of traffic comes into Lexington from outlying counties and previously only those cable television viewers within Fayette County could benefit from the Crosstown Traffic Program. Now the motorists who are coming to Lexington for work, entertainment, healthcare, etc. can witness the traffic conditions in Lexington before leaving their homes or place of business through this technology. The webstreaming services are provided through Granicus, a California company.

Is Time on Your Side?

By: Ron Herrington

This is the first of four articles on Time Management.

As a person in a management position there are certain responsibilities to be as productive and efficient as we each can be. Each day we are expected to be that and maybe even a little more it is extremely important that we each become better at managing time. We each lead busy lives and wish we had more time each day to do the things that we think are important. Even if you have heard them before there is value in re-stating a number of time truths, time bandits and ways to recapture wasted or lost time. Maybe some of this will help you use the time you have in the best manner. Waste is time not well spent.



Time Truths:

1. There is a cumulative value to investing small amounts of time in certain activities over a long period of time.
Ex. Acts of Kindness and Acts of Love
2. There are seldom any immediate consequences for neglecting installments of time.
3. Neglect does have a cumulative effect.
4. There is no cumulative value to the urgent interruptions that we allow to distract us from the most important things in life. Invest in those things that matter.
5. In the critical areas of your life you cannot make up for lost time.
Ex. Family relationships or time with children

Recognize that there are time bandits. A few examples are as follows:

1. The average person will spend 8 months of his/her life opening junk mail and junk email (unless you just toss or delete it like I do).
2. The average person is interrupted 73 times each day by people, phones, email, TV, radio, etc.
3. As much as I dislike it to say it the average person spends 6 months (in larger cities) of his/her life sitting at traffic lights. (In Lexington that number is closer to 1 ½ months).

Is Time on Your Side? (cont'd)

The good news is that there are some ways to recapture the time we are losing. A few of those follow:

1. Expect the unexpected. Life has a way of throwing curves our way.
2. Learn to say no. We all want to please others thus the reason that we say yes so often. Don't try to do everything or be everything to others.
3. Turn off the television. Adult men and women spend between 22 and 27 hours per week respectively watching TV.
4. Practice simplicity and contentment.
5. Get less done, but do the right things. Quality beats quantity any day.
6. Get the full value of your time. Enjoy time.
7. Make small deposits of time, they are so important. Encourage others daily. They may need a lift.

These three “bite-size chunks” of information hopefully will help you manage your time with the overall goal of increasing productivity and efficiency. I should probably have waited to send this to you on Tuesday because studies show that it is our most productive day, followed by Mondays and Wednesdays. In fact, during those three days we accomplish 83% of the week's work. Fridays, as you might expect, are the least productive. There's good ammunition to argue for three day work weeks!



NEW KYSITE Online Survey!

The Kentucky Section of the Institute of Transportation Engineers is looking for feedback related to our organization. We are committing ourselves to become an organization that best serves the needs of our Members. The feedback you provide will be critical to planning meetings and other opportunities for 2008 and beyond. Please tell us what KYSITE could do to better serve you!

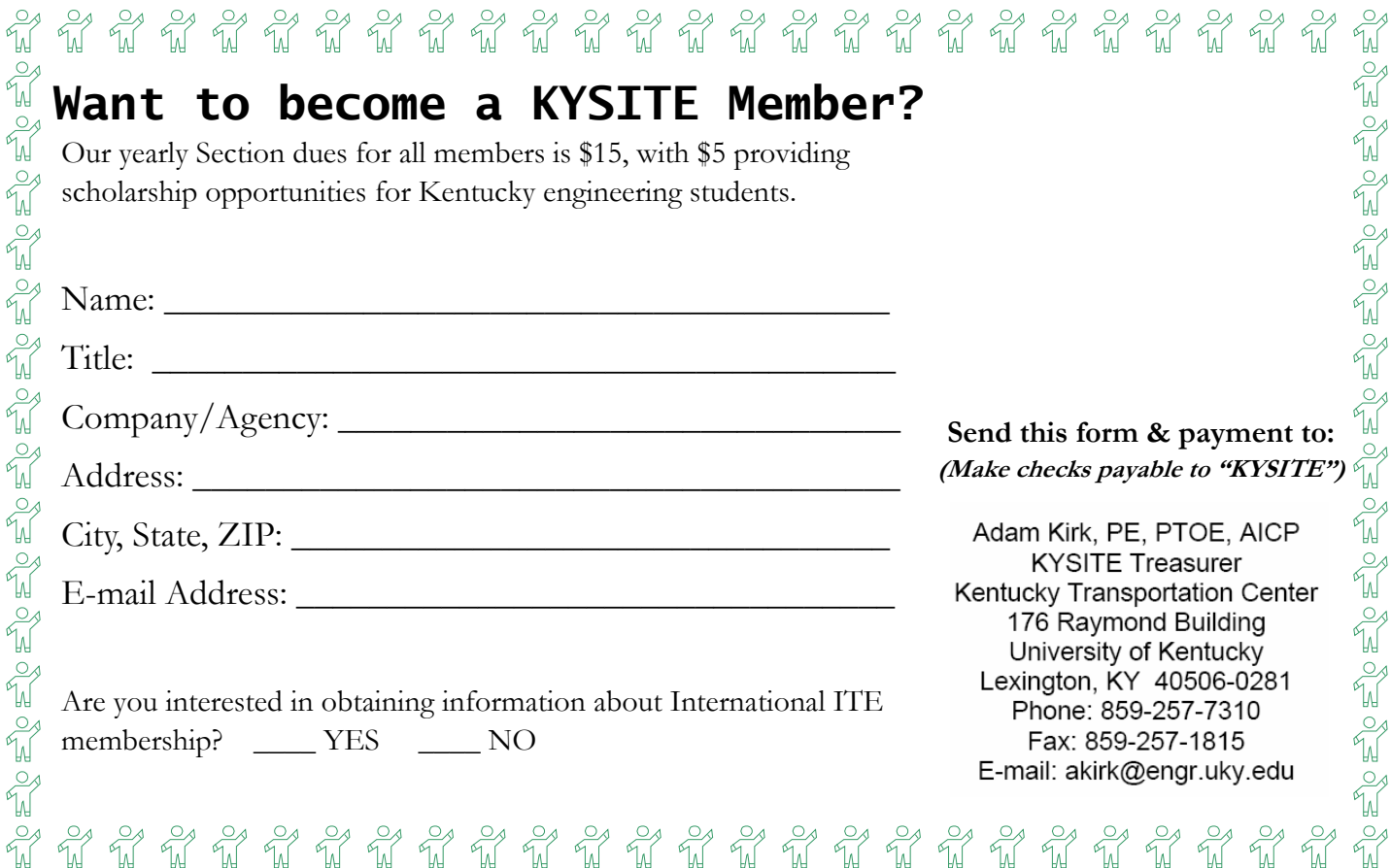
http://www.surveymonkey.com/s.aspx?sm=aw71DTsim8AGgXM69bUVxA_3d_3d

**Kentucky Section of the Institute of
Transportation Engineers**



To:

We're on the Web!
www.kysite.com



Want to become a KYSITE Member?

Our yearly Section dues for all members is \$15, with \$5 providing scholarship opportunities for Kentucky engineering students.

Name: _____

Title: _____

Company/Agency: _____

Address: _____

City, State, ZIP: _____

E-mail Address: _____

Are you interested in obtaining information about International ITE membership? YES NO

Send this form & payment to:
(Make checks payable to "KYSITE")

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